

## Make your own companion cards!

Step 1: Print this sheet

Step 2: Cut out on solid line

Step 3: Fold on dotted line

My companion is living with a form of dementia. Please show us patience today.

Thank you for your support.



**FamilyMeans**  
CAREGIVING & AGING

Serving people with dementia and their caregivers.  
Helping communities be more welcoming and responsive.

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